

More Light on Crystals

In issue No 44 last January, you may have read our article entitled 'New Light on Crystals' in which we began to describe the energetic research that Nat and I were doing in the field of crystal healing. Now, more than another year later, we have finished our research and this article is to reveal some of our conclusions.

We have found that the whole subject has its foundation in the evolution of subtle energies, and that all forms of energetic healing exist from the same base. The actual way in which a crystal or mineral can help improve the health of the human body is quite simple; but its explanation requires a great deal of understanding about energetic reality first.

As you may remember, Nat can see the subtle energetic structures of minerals, and she found that some were more complicated than others, some seemed very active while others had minimal activity. It wasn't long before the realisation of what was happening came to us.

Each mineral has four different energetic structures on different subtle levels. Each performs a special function. In simple terms – they react to subtle energies around them in different ways. Surrounding each mineral are billions of different types of energies, and depending upon the evolutionary level of the particular mineral, some of these will be able to enter the subtle structures. These surrounding energies we have named as 'Primeval Environmental energies' – or PE energies for short. Where one type of PE energy enters a structure of a mineral, it goes through a complex energetic management system, the result of which (after going through various changes) is to exit the structure on a higher level than the one on which it entered.

It is these different PE energies, and the different changes they go through when inside different minerals that creates the basis for 'mineral energy'. There are perhaps 5,500 different minerals, all have the same mineral energy but they all possess different *strengths of vibration* and different *frequencies of vibration* of this mineral energy. It is these different strengths and frequencies of vibration that bring us closer to understanding why minerals have therapeutic properties.

Every organ, system, and sub-system of the human body has a cellular level. However, behind the cellular level are the energetic 'programs' and 'information commands' that create, sustain and maintain the physical, cellular reality. These 'programs' are special, subtle energies that have specific coded functions. They carry one overall principle balancing energy; it is called 'The Element of Harmony'. Without this special type of energy, we would not exist. Our general good health is as a result of a principle of energetic balance. When there is a problem, and for whatever reason, our physical health deteriorates, it is because one or more of these special subtle energies has become miscoded or distorted. Therefore disharmony begins to manifest in the organ or area of the body.

All crystals and minerals carry a representation of the element of harmony, although it exists in them for evolutionary reasons it is present none the less. The different varieties of mineral energy are encoded with it, and it is the very specific strengths and frequencies of vibration that actually associates them to the organs, systems, and sub-systems of the human body. The special subtle energies are very similar to the varied forms of mineral energy; the only difference is that mineral energies can never be miscoded.

Where there is disease and ill health – it is always preceded by energetic discord; which is beforehand preceded by the information commands of the special subtle energies being miscoded. These become miscoded primarily as a result of a complicated process involving our negative thoughts and feelings. By placing the correct mineral at the scene of physical ill health, it will, given sufficient time, begin to act on the subtle energies involved. This will result in the element of harmony engaging with the special subtle energies of the body and re-coding them or aligning them correctly again. However, the process can be extremely subtle and few people might notice the difference.

Yet there is a way in which we can consciously become more involved with the element of harmony and these subtle energies that increases their power tremendously, and that is by the use of powerful thoughtforms. Few people will understand what a thoughtform is. Some may have read a brief mention of them in some deep esoteric books, but it will usually be the case that most people will not have heard the term before.

A thoughtform is an intangible, subtle energetic structure that manifests everytime we think about anything, we literally create several hundred thousand per day if not more. We are generally unaware of them because of the current level of our spiritual development. There are ways in which we can create very powerful thoughtforms to engage and increase the strength of the mineral energy and the element of harmony. These involve special exercises of specific thinking under special conditions. All forms of energetic healing involve thoughtforms. More often than not, it is the special vibrations of the thoughtforms of the healer that actually initiate changes in the patient's wellbeing and very little else.

There is a great deal of misunderstanding about chakras in healing. It is especially the case in crystal healing. Many people associate crystals and minerals to chakras through the presupposition that each chakra is a specific colour and they choose a similar coloured stone to 'balance a chakra'. We have found that firstly the main seven chakras *are certainly not single colours* (they constantly change colour) and that the correct association of a mineral to a chakra has nothing to do with colour. We have found that the correct association is in fact through the strength of vibrations that the mineral energy has, this corresponds closely to the strength of vibrations of the various subtle energies flowing through the chakra. Many people have become locked to the belief that chakras have single colours and many writers unfortunately re-emphasise this concept. However, you will find no book that tells you *why* the throat chakra is *supposed to be blue* and blue only...

During our research, we have studied the subtle reality of the energies that pass through the chakra system. We have

named these as Instinct, Impulse and Quad energies. The latter always exist as 'composite' of the variable elemental energies of Air, Fire, Water and Earth. It is a blend of the Instinct, Impulse and Quad energies that create each of the millions of different types of the special subtle energies earlier described. We have also defined that the chakras themselves *can not* under any circumstances be balanced or unbalanced, and neither can they be 'blocked'. Many people have misinterpreted the actual situation. It is the case that these special subtle energies become miscoded and therefore act with the command of disharmony, instead of harmony. When some people may 'feel' that a chakra is 'unbalanced' or 'blocked', we perceive that they are actually sensing the chaotic conditions of one or more special subtle energies in the chakra. The chakras can be thought of like cross-dimensional tubes with water flowing through them; the water can be clear and clean, but it can also be dirty or polluted. Yet regardless of the quality of the water, it can still flow through the tube. When you can see the actual energetic reality of the function of chakras – then you can understand why people misunderstand them. They are actually quite simple structures that have only two functions. They allow subtle energies to become transformed from higher levels to lower levels and vice versa, and they distribute the special subtle energies to the organs and systems of the (energetic) body. That is all.

The spiritual, psychic and psychological functions that many people associate to chakras are in fact actually associated to 'other centres', in the same place but on a different energetic level. These other centres are those of the of the Psychic Energy System, which is closely aligned with the chakra system, but not part of it. We thoroughly researched this system with our work. The spiritual phrase, 'man, know thyself' is poignant, as it seems that for thousands of years we generally have not really understood ourselves at all. We have taken the opinions of others on spiritual matters often without question and it seems, never thought of questioning 'why'.

So, back to the crystals. We touched upon the subject last year of the polishing of stones; it seemed that many were energetically damaged as a result of polishing, yet others were not. The answer to that lies in the evolutionary position that each mineral monad was in. The monad is the primeval, extremely primitive 'soul' of the mineral. Those minerals that suffer greatest damage to their energetic structures are those of the lower evolutionary groups, while those of the higher groups can adapt and recover. The highest monad in the mineral kingdom is that of Quartz. The accompanying picture shows one of the energetic structures that Quartz has. Each number represents a different stage that the PE energies have gone through; 16 changes in all.

The polishing process as well as unnatural chemical treatment can damage those channels of the subtle structures of minerals that allow entrance into the structure and also in some cases those channels that allow exit of the PE energies. Some cases are that the entrance channels are unharmed yet the exit channels are seriously damaged – resulting in tremendous build up of unmanaged PE energies (such as Agate)– which inevitably causes great trouble for the monad – which in some cases ceases to function altogether. Yet in other cases (such as Lapis Lazuli) the monad recovers very rapidly and continues to function as well as it did prior to the polishing.